



HEALTHY  
**RELATIONSHIPS**  
INITIATIVE

**Toolkit for Families of Young Children**

**Conversations Starters #3: Conflict**

1. What types of family conflicts do you think we tend to have?
2. Do you think it's normal for families to go through conflict?
3. How do family conflicts and disagreements make you feel?
4. Do you feel safe to express your thoughts during conflict?
5. What is one thing you would change about how our family handles conflict?