

Toolkit for Families of Young Children

Conversations Starters #2: Anger Issues

- 1. What are some situations that make you angry?
- 2. How do you decide in what ways you will display your anger?
- 3. How do you let others know that you are angry?
- 4. How does your display of anger impact the family?
- 5. Do you think getting angry is effective in solving problems?